

WELCOME

VISION *The Wyong Catholic Parish is a welcoming, caring dynamic community*

MISSION STATEMENT *We will live and proclaim the message of the Gospel :
Engage, Participate, Reach out and Transform*

28th JUNE 2026

THIRTEENTH SUNDAY IN ORDINARY TIME

WYONG CATHOLIC PARISH

ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL

Under the Pastoral Care of the

Society of Our Lady of The Most Holy Trinity (SOLT)



REFLECTION—13th Sunday in Ordinary Time

In today's Gospel reading, Jesus states that the path of discipleship is a difficult one. It involves challenges and changed relationships. Jesus also instructs his followers that by losing their lives for his sake, they will find them. But what does it mean to 'lose' your life?

In the context of discipleship, it means realising that the things we value—comfort, status, even family—come second to Jesus and his word. Placing Jesus at the centre of our lives, before anything else, opens us up to receiving rich blessings from God. Today, let's reflect on where Jesus sits in our list of priorities. What might be preventing me from 'losing my life' for his sake?

Reproduced from God's Word 2026: Daily Reflections, Published by St Pauls Publications, Strathfield.



PIETY STORE — We are pleased to announce our Piety Store has reopened on Sunday mornings after 7:30am and 9:30am Mass, located near the sacristy at Wyong.

All proceeds will go toward the running and upkeep of our Parish.

We are in need of **volunteers** to keep it open on weekends. If you are able to assist with this please

contact the office.

CHRISTMAS IN JULY - 28TH JULY

Our annual 'Christmas in July' is fast approaching. As usual, the students from St Peter's College will be catering and the meal, no doubt will be mouthwatering.

Any aged/retired parishioner who wishes to attend this function, please contact the Parish Office on 4352 1011 or via email at wyongparish@bbccatholic.org.au.

Numbers are restricted, so an early booking is essential.

A special fund-raising raffle will be on sale on the day.

Please arrive at 11am

**Please notify us if you have any dietary restrictions.*



We warmly welcome the children who are to be Baptised this Sunday into our Parish community. May the grace of our Lord Jesus bless them and their families.

YOUTH GROUP—FRI 3rd JULY

Our next youth group gathering is on **Friday 3rd July** in the Parish Hall @6pm till 8pm. Ages 13-18yrs are welcome. Parent/Guardian consent required, please contact Christine in Parish office: Christine.Sassine@bbccatholic.org.au



PLANNED GIVING & PASTORAL WORKS

Dear Parishioners, should you wish to donate electronically toward 1st or 2nd collection or Pastoral Works, please use the QR Code provided and following the prompts.

We appreciate all offerings and support gifted to our Parish!



FIRST HOLY COMMUNION/EUCHARIST

Congratulations to all students from St John Fisher, St Cecilia's and State Schools in our area who completed the Sacrament First Holy Communion/Eucharist on 17th and 19th June. Thank you to our Church family for keeping these students in your prayers and for our wonderful choir and servers for offering their time. Thank you to parents and staff from the schools and all those who offered their time and support especially our priests, our spiritual fathers. It was a wonderful and sacred celebration!

Please continue to keep these little souls and their families in your prayers. May the love and peace of Christ dwell and radiant from them always!



CHILDREN'S LITURGY

Children's Liturgy at St Cecilia's 9.30am Mass will not be on during the month of July. We looking forward to welcoming you all back to Children's Liturgy in August.



365 Pacific Highway
North Wyong NSW 2259
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Wyong NSW 2259



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Ph: 02 4392 8777

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UPDATE! - PARISH SUPPORTERS CLUB 2026

(formerly known as 200 Club)

This Club in 2026 will run for 25 weeks with prize results in the Bulletin. Funds raised will support all areas of the Parish, including, Parish Staff, Youth Ministries, Faith Formation and Social Gatherings. All prizes are contingent on the number of tickets sold.

So far we have sold **128** tickets. Thank you for your support.

Numbers Sale: Commences after Masses on 30th / 31st May

Cost: \$60

Payment Options \$60 in full

OR

Payment plan with \$20 due 20th June, July, August

Minimum Prizes (150 tickets sold): **Weekly** \$50 and \$20

Monthly (4th week of each month) \$100, \$40 & \$25

Christmas (18 Dec) \$400, \$200, \$100, and \$50

Maximum Prizes (200 tickets sold): **Weekly** \$75 and \$25

Monthly (4th week of each month) \$125, \$50 and \$25

Christmas (18 Dec) \$500, \$250, \$150, and \$50

For further information please contact the Parish Office or Kerry Bugden (02 4388 2938).

PARISH SUPPORTERS CLUB NOTES

Tues 30th June— Final day for purchasing tickets.

Wed 1st July— Allocation draw of numbers

2nd—5th July— Notification of numbers to ticket purchases.

Tues 7th July— Week 1 & 2 draws

11th & 12th July— Bulletin publication of results for week 1 & 2



FAITH IN ACTION—PARISH VOLUNTEERS NEEDED

Whether you can lend a hand occasionally or more regularly, your time and care make a meaningful difference.

Join us in serving, connecting, and strengthening our parish together.

- Church Maintenance
- Choir/Musicians
- Catechists
- Altar Servers
- Program/Social Event Helpers
- Cleaning
- Children's Liturgy Helper (Sundays at Wyong)

You may have a talent or skill not mentioned above, that you feel called to share. Contact the Parish office on 02 4352 1011 so you can put your faith in action!

PETER'S PENCE APPEAL—SUN 5TH JULY: We join parishes across the world in taking up the Vatican's annual Peter's Pence Collection. The Peter's Pence Collection provides for the charitable works of mercy identified by His Holiness, Pope Leo XIV, including emergency assistance to those in need due to natural disaster, war, oppression and disease.

Your generosity allows the Holy Father to respond to those suffering with love and compassion.

You can make a gift using the Peter's Pence collection envelope available on the exit pews. May God bless your generosity.

MARIAN PILGRIMAGE & SOUTH AMERICA 2027

Fr Raul Balute, SOLT, will be leading the Group to **Our Lady of Guadalupe, MEXICO and South America (PERU, ARGENTINA & BRAZIL).**

An INFO session will be held soon, with the date & venue to be advised (TBA). Register your interest or contact "itravel with Susan Clark" — 040 542 9988 or email: susan@itravel-au.com for further details. Alternatively, you're welcome to contact Fr Raul on 0450 115 099 or Raul.Balute@bbccatholic.org.au

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Planned Giving Envelopes

Pre ordered Planned Giving Envelopes for the new financial year will be ready for collection from this weekend and will be located at the back of the Church. Should you wish to cancel your planned giving envelopes, which cost \$897 annually and switch to EFT planned giving, please speak with Margaret in the office.

Please Note: TAX RECEIPTS— Will be available after 1st July 2026

Thank you for your financial support of the Parish, It is much appreciated.

Wyong Catholic Parish Invite You For An EVENING OF PRAYER

*Special Healing Mass for
Adriana*

Date: Friday 24th July

Time: 5:45 PM

Place: St Cecilia's Church
23 Byron Street, Wyong

(For all enquiries, please contact the Parish office on:
02 4352 1011 or wyongparish@bbcatholic.org.au)



Together, we will gather in faith to pray for God's healing, strength, comfort, and blessings upon Adriana and her family during this time.

All members of the community are warmly invited to attend and offer their prayers and support.

Bring a plate so we can all share in a meal afterwards.

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

WYONG PARISH CONFIRMATION PROGRAM 2026

Wyong Parish will be commencing their Sacramental Program For Confirmation in August 2026. Due to Archbishop Anthony Randazzo concluding his service in our Diocese in late June 2026 there have had to be some changes made to Confirmation dates across the Diocese. We apologies for any inconvenience this may have caused. Please come along to the respective Parent Information session and use the QR Code provided to enrol your child into our Confirmation Sacramental Program and stay updated. You're welcome to contact the Parish Office on 02 4352 1011 or email Christine, christine.sassine@bbcatholic.org.au, if you have any questions. We look forward to seeing you at the Parent information night.

AS PART OF OUR PROGRAM WE STRONGLY ENCOURAGE YOU TO ATTEND MASS EVERY WEEKEND IF YOU DO NOT DO SO ALREADY, THE PERIOD LEADING UP TO THE CEREMONY IS CRUCIAL TO THE SPIRITUAL JOURNEY IN WHICH YOUR CHILD IS EMBARKING.

CONFIRMATION

FOR CHILDREN IN YEAR 3 AND ABOVE WHO HAVE BEEN BAPTISED

Parent Information Evening: (for Parents/Guardian's)

Tues 11th August, 6.30pm @ SJF Mass Centre (for SJF student parents only)

Wed 12th August, 6.30pm @ St Cecilia's Church Hall

Ceremony:

Friday 11th September, 6pm Our Lady of The Rosary, The Entrance (due to unavailability @ St Peter's)

More information regarding classes etc when you scan the relevant QR Code.

St John Fisher
Students Only



St Cecilia & State
School Students



JOIN OUR CCD TEAM AND BECOME AN ASSISTANT CATECHIST TODAY!

We cater to 6 state primary schools and are always looking for members to assist our catechists.

Are you available on TUESDAYS, WEDNESDAYS OR FRIDAYS to become an assistant catechist?

You don't need to be an expert, you just need to have a willing heart and love for children.

If you've been discerning a ministry to partake in and are interested in joining our team, contact Margaret Vandenberg on 02 4352 1011.



COMMUNION BLESSING

You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.



UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated. Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.

COMMUNITY PLAYGROUP

**Every Monday
8:15am—10:15am
All welcome—Meet in Parish Hall!**



BIBLE STUDIES

Bible Studies Group will kick off in August! We will hold Bible Studies on the first Thursday of every month from 7-9pm.

This will be a space for questions, discussions and sharing information. Lets us support each others formation and share the light of Christ as we delve into his Word.

"For where two or three gather in my name, there am I with them." Mt 18:20



St Barnabas Church Yarramalong

1st Sunday of the Month Mass will be celebrated at St Barnabas Church, Yarramalong **5th July at 11.15am**. All are welcome.

Serra Weekly Vocations Prayer Calendar.
Please pray for those in formation or already serving the Church



29/6	Sr Damian Lai
30/6	Archbishop Anthony Randazzo
1/7	Bishop Emeritus David Walker
2/7	Bishop Emeritus Robert McGuckin
3/7	Fr Colin Blayney
4/7	Fr Stephen Hill
5/7	Fr Timothy Raj MSFS & Fr Alex Peter MSFS

Daily Prayer for Vocations—Heavenly Father, we praise You for Your goodness and thank You for Your gifts. Help us respond to and live out our mission in the Church. Assist all Your people to know their vocation in life and help them to prepare for it. Call many to be priests, deacons and consecrated men and women for Your greater glory, and for the service of Your people. Give those whom You call the grace to respond generously and to persevere faithfully. We ask this through Christ Our Lord. Amen



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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

PARISH OFFICE: 23 Byron Street Wyong

Phone: 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

OFFICE HOURS: Monday -Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: raul.balute@bbcatholic.org.au

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries: **Margaret Vandenberg & Christine Sassine**

SRE Catechist Co-Ordinator: **Margaret Vandenberg**

Youth Group Coordinator: **Christine Sassine**

PARISH EMAIL: wyongparish@bbcatholic.org.au

PARISH WEBSITE: <https://www.bbcatholic.org.au/wyong/>

FACEBOOK: www.facebook.com/wyongcatholicparish

Children's Liturgy at Mass

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

Youth Group

St Cecilia's Parish Hall

1st Fri Night of the Month (May vary- check bulletin for details)

Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

Anointing of the Sick

First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help

St Cecilia's Sat after 8am Mass

St John Fisher Wed after the 8am Mass

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy

St Cecilia's Legion of Mary, Wed 9.15am in Parish Hall.

Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

FOR SACRAMENTS PLEASE CONTACT THE PARISH OFFICE

KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Jeanine Doueih, Dave Rodney, Danae Roe, Milva Kefu, Tahnia Ahuriri, Badwi Laoulach, Rik, Rita Kerr, Michael Parry, Regina Preston, Adriana Milligan, Jean Jackson, Gabriel Molise

RECENTLY DECEASED: Enid Kennedy, Norma O'Sullivan, Frank Dyer, Fr David Taylor, Fr Robert Crawford, Brenda Hindmarsh, Peter Gill, Elliott Gill

Anniversary June: Thomas Mayne, Fr Williams, Brian Myers, Margaret Skimmings, Tom Dermody, Rosa Laoulach, Sylvia Markulin, George Sassine, Patricia Westhoff, Frank Costa & Family



SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.



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THE LITURGY OF THE WORD

First Reading 2 Kings 4:8-11, 14-16

A reading from the second book of the Kings

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.'

One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 88:2-3, 16-19

R. For ever I will sing the goodness of the Lord.

Second Reading Romans 6:3-4, 8-11

A reading from the letter of St Paul to the Romans

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life.

But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

The word of the Lord.

Thanks be to God.

Gospel Acclamation 1 Peter 2:9

Alleluia, alleluia!

You are a chosen race, a royal priesthood, a holy people.

Praise God who called you out of darkness and into his marvellous light.

Alleluia!

Gospel Matthew 10:37-42

A reading from the holy Gospel according to Matthew

Jesus said to his apostles:

*"Whoever loves father or mother more than me is not worthy of me,
and whoever loves son or daughter more than me is not worthy of me;
and whoever does not take up his cross
and follow after me is not worthy of me.*

*Whoever finds his life will lose it,
and whoever loses his life for my sake will find it. ""Whoever receives you receives me,
and whoever receives me receives the one who sent me.*

*Whoever receives a prophet because he is a prophet
will receive a prophet's reward,
and whoever receives a righteous man
because he is a righteous man
will receive a righteous man's reward.*

*And whoever gives only a cup of cold water
to one of these little ones to drink
because the little one is a disciple—
amen, I say to you, he will surely not lose his reward."*

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



CROSSROAD COMPANIONS **END OF LIFE SERVICE**

A terminal diagnosis can change life in an instant. Alongside the medical appointments, treatments and practical decisions, many people find themselves facing uncertainty, loss, fear and difficult questions about what lies ahead.

Crossroad Companions, a program of CatholicCare, provides compassionate pastoral support to people living with a life-limiting illness, as well as their families and carers. Our trained companions walk alongside people from the time of diagnosis, offering a steady and caring presence throughout their journey.

Rather than providing clinical care or counselling, Crossroad Companions focuses on emotional, spiritual and relational support. Companions spend time listening, sharing conversation, supporting reflection and meaning-making, exploring hopes and concerns, and helping people navigate the challenges that can arise as illness progresses. Support can also include discussing personal wishes, relationships, legacy, end-of-life planning and connecting people with faith and pastoral resources if desired.

Family members and carers are also supported as they adjust to the emotional and practical realities of caring for a loved one with a terminal illness. The service is available to anyone facing the end of life.

MORE INFORMATION

Call Sandra or Margaret
P: 1800 324 924
E: info@catholiccaredbb.org.au
W: www.catholiccaredbb.org.au





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9th - 23rd AUGUST 2026



HIGHLIGHTS

- ❑ Pray at the St Peters Basilica
- ❑ Guided tour of Catacombs & Vatican Museum
- ❑ See the tomb of St Francis in Assisi
- ❑ Pray at the tomb of Padre Pio
- ❑ Climb the Apparition Hill in Medjugorje
- ❑ Pray at the Basilica of St. Anthony
- ❑ Visit the beautiful Milan Cathedral, the "Duomo"



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For bookings, contact

St Declan's Catholic Church, Penhurst

Phone: (02) 9580 1310

Email: office@stdeclansparish.org



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ALL THAT JAZZ



ST LUCY'S SCHOOL **GALA DINNER 2026**

JAZZ

SATURDAY 12 SEPTEMBER

Venue: Dockside Darling Harbour | **Time:** 7.00 pm

Dress Code: All That Jazz, Cocktail Attire

Cost: \$250 pp | Table of 10 \$2,450 | Table of 12 \$2,850



**Book your ticket
or table here**



Enjoy our stunning waterside venue, 3-course meal with unlimited drinks, live music, dancing, inspiring stories, & fireworks to end the night with a bang!

RESIDENTIAL RETREATS FOR 2026

Starts on Friday at 5:30pm &
Ends on Sunday, 4:00pm

JAN	BIBLE CONVENTION (Led by Fr Antony) Jan 31st- 1st Feb) 9am-4pm
FEB	27Feb-1Mar, Lenten Retreat
MAR	20-22, Preparation for Holy Week Retreat
APR	17-19, Deliverance Retreat
MAY	15-17, Preparation For Pentecost Retreat
JUN	19-21, Inner Healing Retreat
JUL	10-12, Family Healing Retreat
AUG	14-16, Dei Verbum Retreat
SEP	11-13, Deliverance Retreat
OCT	2-4, Marian Retreat
NOV	13-15, Inner Healing Retreat
DEC	11-13, Advent Retreat

PLEASE BOOK VIA OUR WEBSITE

<https://divineretreatcentre.org/booking-form/>
or email us at drcretreatrego@gmail.com

SILENT GUIDED RETREAT

If you would like to book for a private "SILENT GUIDED RETREAT", please email drtsydney@gmail.com and we will share information about the cost and what to bring, to help you prepare for a peaceful and meaningful experience.

OUTREACH MINISTRIES

First Friday (Chatwood)

Healing Prayer Service, 6:30pm-8:30pm
at Our Lady of Dolours Catholic Church, CHATSWOOD

Third Monday (Wallsend)

Healing Prayer Service, 7:00pm-9:00pm
at St Patrick's Church, 11 Macquarie street, WALLSEND

Third Friday (Epping)

Holy Mass & Adoration, 6:00pm-8:00pm
at Our Lady Help of Christians Church, 31 Oxford St, EPPING

Fourth Thursday (Adelaide)

Spiritual Healing Retreat, 7:00pm-9:00pm
St Peter Claver Church, 8 Stuart Road, Dulwich,
Adelaide, SA 5065

Brisbane & Canberra (As advertised)

For other upcoming outreach ministries please refer
to our website events page:
<https://divineretreatcentre.org/events/>

Spiritual Guidance,
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We rely on your loving support to maintain this beautiful space and ensure our ministries can thrive. If you are able to give, your gift is a blessing that helps us keep the doors open and our hearts dedicated to serving God and neighbour. Thank you for your care and commitment to our ministry.

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APPLICATIONS NOW OPEN FOR YEAR 5 BOYS

THE JOURNEY TO YEAR 7, 2028 BEGINS



🕒 9.30am - 2.00pm

**Year 5 Day in Life
Event**

Nov

24

2026



🕒 10.00am

College Open Day

Mar

6

2027



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NATIONAL CONFERENCE



September 28-30, 2026



Mary MacKillop Place,
North Sydney, NSW

The conference offers space to reflect on broad themes about place, time, culture, social relationships, and pressing questions of faith and spirituality as they are experienced in liturgy in the southern hemisphere.

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in Australia and our
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Image: Stations of the Cross
by Helen Bachmann



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DEPARTING SYDNEY
24 SEPT 2026

5 nights – Stockholm

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2 nights – Vadstena

Home to Vadstena Castle, one of Sweden's best-preserved Renaissance fortresses.

3 nights – Malmö

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THE LITTLE MERMAID

ABOUT OUR HOST

FR. CHRISTOPHER WATERHOUSE



The Rev'd Christopher Waterhouse is Rector of St James' King Street, Sydney. Prior to his appointment, he served as Precentor and Chaplain

for the Arts at St David's Cathedral, Hobart. Born in the United Kingdom and raised and educated in Tasmania, Christopher developed an early passion for the performing arts, particularly theatre and music. He appeared in numerous stage productions across Tasmania before relocating to Sydney to work with the Sydney Theatre Company, and later moving to London where he worked at the St James' Theatre.

He subsequently left the theatre industry to work at Christ Church Cathedral, Oxford, while undertaking ministry studies.

Christopher returned to Australia in 2017 to become Director of the St James' Institute. He has more than 25 years' experience as a radio presenter in Hobart, London and Sydney, and has served on the boards of a range of philanthropic, church, education and arts organisations. These include the national board of the Anglican Board of Mission, the Council of St Andrew's College, and 2MBS Fine Music Sydney.

Scandinavia Itinerary Overview

Stockholm 5 nights

- Arrival in Stockholm with airport transfer.
- Guided city tour featuring City Hall, the Old Town (Gamla Stan), the Royal Palace and Parliament.
- Scenic boat cruise through the Stockholm Archipelago.
- Full-day guided excursion to Sigtuna and Uppsala, exploring Viking-era sites, the historic university precinct and Uppsala Cathedral.
- Free day to explore Stockholm independently, with the option to use the Stockholm Pass.
- Visits to ABBA The Museum and the Vasa Museum.

Vadstena - 2 nights

- Travel south with a stop at Östanbäck Monastery.
- Guided walking tour of medieval Vadstena.
- Visits to Vadstena Abbey and Vadstena Castle.

Malmö - 3 nights

- Travel to Malmö.
- Visit Malmö Castle and key churches. Church service.
- Excursion to Skanörs Church and final sightseeing in Malmö.
- Full-day excursion along the Skåne coast. Visits to Ystad and Simrishamn.
- Stop at the Kivik Grave and visits to historic churches including St Nicolai Church and St Olof's Church.

Copenhagen - 5 nights

- Travel to Denmark via ferry. Visit Kronborg Castle (Hamlet's Castle).
- Scenic coastal drive along the Strandvej to Copenhagen.
- Guided city tour including Nyhavn, Amalienborg Palace, Christiansborg Palace and The Little Mermaid.
- Canal cruise and visit to the Church of Our Lady. Excursion to Roskilde, including the Viking Ship Museum and Roskilde Cathedral.
- Full-day excursion to Odense, visiting H.C. Andersen's House and Odense Cathedral.

Inclusions & Important Information

- Depart Australia: 24 September 2026
- Full breakfast daily. 7 dinners included, featuring both a welcome dinner and a farewell dinner.
- Single supplement available on request.
- Ask about extending your journey to Norway — we offer tailored packages to make this a reality.
- All listed activities are subject to change at any time due to operational requirements.
- Flights are with Air China, offering Economy, Premium Economy and Business Class options.
- The itinerary includes a stopover in the spectacular historic city of Beijing.



Carmel House Retreats 2026

**MAY
20-24**

**Pentecost Intensive
RUAH**

"He breathed on them and said to them,
'Receive the Holy Spirit'". Jn 20:22
The Ruah (breath) of God renews each soul that
receives its power. Embrace the gift of the
Holy Spirit through fellowship, inputs, prayer and
practical workshops and help renew
the face of the earth
<https://www.trybooking.com/DIDAV>.

**JUNE
27**

**GARDENS
Day Retreat**

"Grieve not as those who have no hope." 1 Thess 4:13.
Spend a day reflecting on how while we experience
pain, grief and loss in life, we can also
discover in such moments that God is renewing us and
doing "a new thing" (Rev 21:4) within us.
<https://www.trybooking.com/DIDBD>

**AUG
28-30**

**HOMECOMING
Silent Retreat**

"His father saw him, ran to his son, threw his arms
around him and kissed him." Lk 15: 20
Your heavenly Father waits for you to come away with
him for a weekend of silently soaking
in his great love for you. Embrace this opportunity for
encountering deep peace and serenity.
w/e: <https://www.trybooking.com/DIDBK>
extensive: <https://www.trybooking.com/DIDBU>

**OCT
16-18**

**Hand Made
Creative Healing Retreat**

"In his hand is the life of every creature." Job 12:10
Come away for a weekend of reflection on how
carefully God has made and upheld your life
through different creative prayer experiences.
<https://www.trybooking.com/DIDCB>

**NOV
14**

**ALIVE
Holy Spirit Family
Retreat Day**

Your family has been carefully chosen and put
together by God and has an important
mission entrusted only to you.
Discover as a family the power of
the Holy Spirit to live with boldness and love!
<https://www.trybooking.com/DIDCJ>

Missionaries of God's Love
Sisters



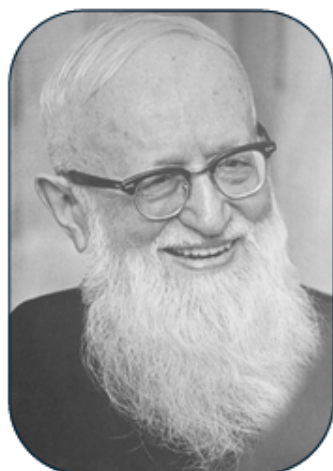
Carmel House
345 St Andrews Rd, Varroville NSW 2566
mgl sisters.sydney@gmail.com
mgl sisters.org

BOOK NOW!



Schoenstatt Sisters
CENTENARY YEAR
Pilgrimages!

PILGRIMAGES CAN INCLUDE...



HOLY MASS

- In the Shrine, House Chapel or Family Hall
- Come with own priest
- Existing Masses at Mount Schoenstatt on Thursdays & Sundays at 11am

CONFESSION

- Available with own priest only

PRAYER

- Devotion
- Rosary
- Stations of the Cross
- Private

TALK BY A SISTER

- About Schoenstatt and the sisters community



MEALS

- BYO
- Morning tea, lunch & afternoon tea available at a cost

PIETY STORE

- Gifts
- Souvenirs
- Religious items

Plenary indulgence available
until **4th NOVEMBER 2026**

*Tailor your pilgrimage
to suit your needs!*

ALL PILGRIMAGES BY DONATION!

CONTACT



SR M. OLIVIA



0473 201 525
sister.m.olivia@gmail.com

Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

Tuesday – Thursday
10.00am-3.00pm or by appointment
Free entry, parking available
Bookings recommended

*You too are part of this continuing
and living heritage and we'd love
to welcome you.*

1 Rockwall Cres, Potts Point, NSW
T: 02 9138 0835
W: socheritagecentre.org.au
E: heritagecentre@rscoffice.com



**Sisters
of Charity**
of Australia

**HERITAGE
CENTRE**



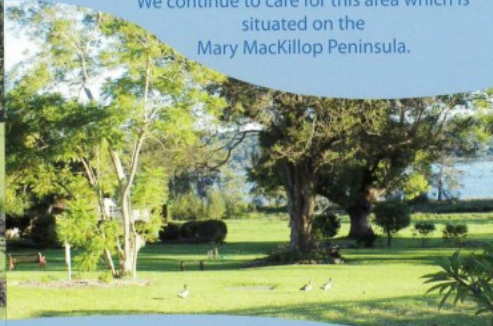
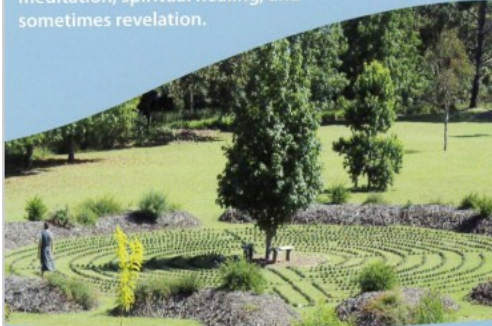
St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

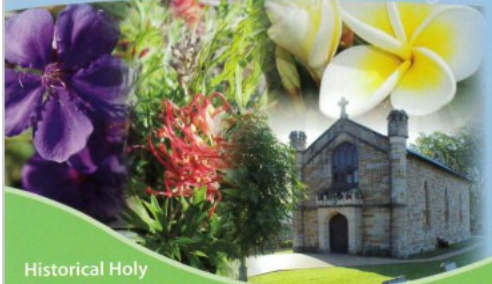
The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



Peace and Tranquility



A Ministry of the Sisters of St Joseph
NSW Province

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.

St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.

Historical Holy Cross church built in 1842 presents itself right in front of our Centre.

St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251
Phone: 02 43682805 : Fax: 02 43683849
Email: bookings@stjosephsretreat.org.au
Web: www.stjosephskincumber.org.au



Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts
Retreats
Conferences
Group Seminars
Small Group Meetings
Bible Study Groups
Prayer Days

Sound and visual equipment for conferences are available on request.

Walking Tracks and Gardens

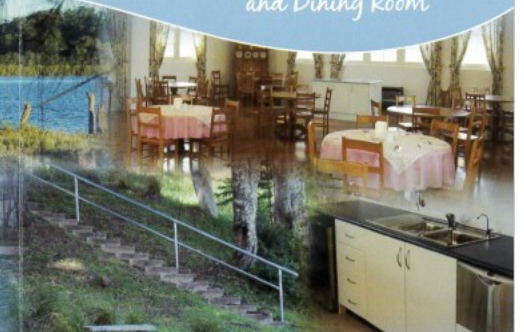
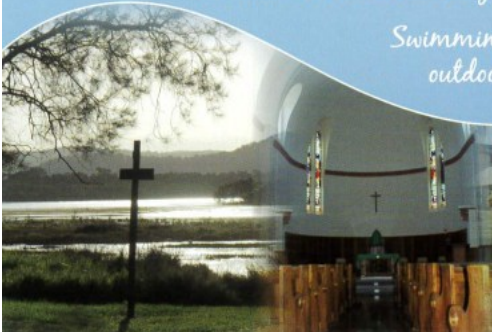
Meditation Areas and Mary of the Cross Walk

Swimming pool and outdoor patio

Chapel and prayer rooms

Conference Rooms

Lounge, Tea Bays and Dining Room



CATHOLICCARE BROKEN BAY

Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress. We work with you, assisting you to face challenges and stressors, coming up with suggestions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit www.catholiccaredbb.org.au.



Key Telephone Numbers

KEY TELEPHONE NUMBERS

POLICE: 000

Call the Police for immediate assistance.

1800 RESPECT: 1800 737 732

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLICARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924	Northern Beaches: 1800 324 924
Naremburn: 1800 324 924	Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre	02 8234 0777
Immigrant Women's SpeakOut Association	1800 656 463
Legal Aid NSW	1300 888 529 (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au

www.bbcatholic.org.au



**CATHOLIC
DIOCESE OF
BROKEN BAY**